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Who needs another pair of socks this year?

We do.

For a patient who arrives at our doors with nothing, even the most basic items can mean everything.

This holiday, purchase an **EMERGENCY KIT** at **giftsoflight.ca** to give patients at CAMH essentials like socks and toiletries. Show someone who is living with mental illness that they're not alone.

camh FOUNDATION GIFTS of LIGHT

giftsoflight.ca